

## Early Learning in the SD64 Gulf Islands

A monthly newsletter for caregivers, educators, and families

#### **NOVEMBER 2023**



# Spotlight on Early Learning: Galiano StrongStart

by Kathryn Byrne, ECEA



We are having so much fun at the Galiano StrongStart! Located at the Galiano Community School, we are open Mondays and Tuesdays from 9am - 12pm. Our focus is on child-led play and exploration. We are incorporating the natural world into our activities - especially at our creativity and art table. At Galiano StrongStart we make sure to move our bodies with gym time, nourish our bodies at snack time (tea and coffee for the grown-ups!), and our minds through story time and circle time.

My name is Kathryn Byrne, and I am the new StrongStart facilitator on Galiano. It was a dream come true to move back to the island after a seven years in Newfoundland. In my twenties, I was a substitute for this program and I was thrilled to take on the full position upon returning in September. I love working with youth and children, their sense of wonder and how they interact with their world is inspiring. Children can bring out the best in us. Play brings out the best in children – and adults, from what I observe every week.



I enjoy getting to engage with the families and getting to create a space where everyone can come together. It is only early in the year for our program, but I am already sensing a community growing - one that I am very grateful to be a part of! I encourage everyone to come check out what we're up to!

CLICK

To learn more about Early Learning in SD64:



## **Social and Emotional Learning**

in the Early Years

### What is Social and Emotional Learning?

"Social and Emotional Learning (SEL) is a critical component to the healthy development of young children – impacting how we process emotions, achieve goals, maintain positive relationships and make responsible decisions in our lives.

In the early years specifically, children are highly responsive to the world around them and adults in particular – making this the perfect time to establish the social-emotional foundation for them to lead happy, healthy lives." – <u>SEL</u> Matters



Social and Emotional
Learning is woven throughout
the <u>Early Learning</u>
<u>Framework</u>, the <u>First People's</u>
<u>Principles of Learning</u>, and
the <u>BC K-12 Curriculum</u>.
Click the links to learn more!

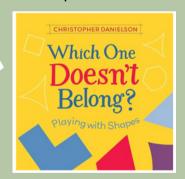


wellness at home

Monthly Math Moment: Which One Doesn't Belong?

"Which One Doesn't Belong" (WODB) is based on mathematician and author Christopher Danielson's books. It's a fun and engaging way to encourage critical thinking and rich mathematical conversations! Looking at the images in the grid below, which one doesn't belong? Why?

Tap the book to learn more about Christopher and his work





In this activity, there is no one right answer...the key is to explain your thinking! WODB helps kids develop both oral language and mathematical reasoning skills.

For more WODB visuals,



