



AP S5 Provision of Menstrual Products to Students

Legislative References: Ministerial Order 149/89

Policy Reference: None

Collective Agreement References: None

Date: December 20, 2024

Providing students with convenient access to free menstrual products helps support their full participation in school activities, reduces stigma and promotes gender equity. This administrative practice establishes clear processes for providing free menstrual products to students in a manner that upholds privacy, accessibility, and inclusion.

Processes:

1. Product Availability and Distribution

- 1.1. Menstrual products should be available in easily accessible locations within the school, such as washrooms, the school office, and common areas.
- 1.2. The principal shall designate staff members to ensure regular restocking and distribution of menstrual products.
- 1.3. Products should be stored and distributed in a stigma-free manner that respect students' privacy.

2. Implementation and Delivery Methods

- 2.1. Principals will ensure that menstrual products are easily accessible without physical or social barriers. For example, products should be available in both gender-neutral and gender-specific restrooms.
- 2.2. The Building Services Supervisor/OHSS will establish a consistent schedule for restocking and monitor product availability to prevent shortages.
- 2.3. Schools will consider the developmental levels of students when determining the placement of menstrual product dispensers and storage, ensuring accessibility for all age groups.

3. Privacy and Non-Stigmatization

- 3.1. Principals will ensure that access to menstrual products can be private, is normalized and stigma free.



3.2. In all communications, language used is to be respectful and inclusive, avoiding stigmatizing terms or stereotypes related to menstruation.

3.3. Counseling and support services are to be provided to address any concerns or questions related to menstrual health, promoting an open dialogue

4. Education and Awareness

4.1. Principals will ensure that informational materials shall be displayed at the school, promoting awareness of the availability of free menstrual products in key areas of the school, fostering an open and supportive environment.

4.2. Schools will include information about the availability of free menstrual products provided during student orientations.

4.3. Principals will ensure that written materials are provided to parents to communicate the school's commitment to free, non-stigmatizing menstrual product accessibility.

5. Monitoring and Evaluating

5.1. The Building Services Supervisor will conduct regular audits of product availability and delivery methods to identify and address any issues promptly.

5.2. Schools will encourage students to provide feedback on the accessibility and effectiveness with respect to the provision of menstrual products, ensuring continuous improvement.

5.3. Annual the Building Services Supervisor will consult with Principles to ensure products are meeting the needs of the student body.

6. Budget and Sustainability

6.1. Annually, the Building Services Supervisor will review the need to purchase additional vending units and ensure the provision of free menstrual products in schools.