



GRADE 10

COURSE SELECTION

2025-2026 School Year

First name: _____
Last name: _____

REGULAR PROGRAM ☐

Please write your top three elective choices in spaces 6, 7, and 8, then list two back up choices.

Courses:

1. English 10 (Composition 10 & Literary Studies 10)
2. Social Studies 10
3. Science 10
4. Math 10 (check one)
 - ☐ Foundations of Math & Pre-Calculus 10
 - ☐ Workplace Math 10
5. Physical and Health Education 10 (check one)

*Write any additional PHE classes in the elective space(s) below.

 - ☐ PHE 10 - Regular
 - ☐ PHE 10 - Fitness & Strength
 - ☐ PHE 10 - Team Sports Specialist - Basketball
 - ☐ PHE 10 - Team Sports Specialist - Soccer
 - ☐ PHE 10 - Team Sports Specialist - Volleyball
6. _____ (elective)
7. _____ (elective)
8. _____ (elective)

Back up choices:

FRENCH IMMERSION PROGRAM ☐

Please write your top two elective choices in spaces 7 and 8, then list two back up choices.

Courses:

1. English (Composition 10 & Literary Studies 10)
2. Français Langue 10
3. Sciences Humaines 10
4. Science 10
5. Math 10 (check one)
 - ☐ Foundations of Math & Pre-Calculus 10
 - ☐ Workplace Math 10
6. Physical and Health Education 10 (check one)

*Write any additional PHE classes in the elective space(s) below.

 - ☐ PHE 10 - Regular
 - ☐ PHE 10 - Fitness & Strength
 - ☐ PHE 10 - Team Sports Specialist - Basketball
 - ☐ PHE 10 - Team Sports Specialist - Soccer
 - ☐ PHE 10 - Team Sports Specialist - Volleyball
7. _____ (elective)
8. _____ (elective)

Back up choices:

Notes or Special Considerations

ELECTIVES:

LANGUAGES

- * French 10
- * Introductory Spanish 11

ARTS EDUCATION

- * Concert Band 10
- * Dance 10
- * Drama 10
- * Guitar 10
- * Music Composition 10
- * Art Studio 10

APPLIED DESIGN, SKILLS, & TECHNOLOGIES (ADST)

- * Arduino Robotics 10
- * 3D Printing and Lasercutting 10
- * Culinary Arts 10
- * Computer Studies 10
- * Photography 10
- * Media Lab 10 (Yearbook)
- * Metalwork 10
- * Woodwork 10

Please take the time to choose carefully now. We use your choices to create our timetable. It may not be possible to change your mind at a later date. A choice = a spot.

Please indicate if you are interested in the following outside the timetable courses:

- ☐ Athletic Leadership 10
- ☐ Leadership 10
- ☐ Music 10: Concert Choir
- ☐ Music 10: Jazz Band
- ☐ VEX Robotics

Please indicate below and **make an appointment** to see a counsellor if you are interested in any specialized programs.

- ☐ GISPA (Gulf Islands School of Performing Arts)*
- ☐ Work Experience / Apprenticeship programs
- ☐ TASK (Trades Awareness Skills & Knowledge)
- ☐ TEAC (Explorations in Technology - Camosun)
- ☐ The Satuma Ecological Education Centre Program (SEEC)
- ☐ Phoenix Place

* If you are interested in GISPA, please check the box above **and** contact Jason Donaldson for more information:
jdonaldson@sd64.org

**COURSE FORMS MUST BE HANDED IN
TO YOUR D BLOCK TEACHER BY
THURSDAY, FEBRUARY 27th, 2025.**

If you need help, please contact Tony or Nia in counselling.
tmarshall@sd64.org or nwilliams@sd64.org